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12 STEPS
TO
ENLIGHTENMENT

How It Really Works

Discourses with Master Teacher



ENDEAVOR ACADEMY
Certum Est Quia Impossibile Est

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12 Steps to Enlightenment:
How It Really Works
Discourses with Master Teacher

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FOREWORD

About This Book

These are transcripts of recorded talk given extemporaneously by Master Teacher. Little or no editing has been done in the hope of maintaining and conveying the exciting, spontaneous spiritual continuity.

Master Teacher's discourses always ignite intensely emotional responses in participants as they begin to undergo their individual mental reassociation and transfiguration. You may have highly charged enthusiastic responses to this wholly dedicated, totally simple, lovingly communicated message of truth. Indeed, this outpouring of freedom to create that occurs through the release of your former necessity to retain self-inflicted loneliness, pain, aging and death, is the bright contagion of whole mind. These discourses will act as a catalyst for you, the reader, in your own self identity of space/time, to undergo the experience of enlightenment necessary to fulfill your inevitable purpose for living: to remember you are whole and perfect as God created you.

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There is a solution.

Almost none of us liked the self-searching, the leveling of pride, the confession of shortcomings which the process requires for its successful consummation. But we saw that it really worked in others, and we had come to believe in the hopelessness and futility of life as we had been living it. When, therefore, we were approached by those in whom the problem had been solved, there was nothing left to do but to pick up the simple kit of spiritual tools laid at our feet. We have found much heaven and we have been rocketed into a fourth dimension of existence of which we had not even dreamed.

The great fact is just this, and nothing less: That we have had deep and effective spiritual experiences which have revolutionized our whole attitude toward life, toward our fellows and toward God's universe. The central fact of our lives today is the absolute certainty that our Creator has entered into our hearts and lives in a way which is indeed miraculous. He has commenced to accomplish those things for us which we could never do by ourselves.

From The Big Book of Alcoholic Anonymous;

Page 25

Read it again!

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INTRODUCTION

A Course In Miracles and The 12-Step Program

Wherein the necessary process of awakening from your self-orchestrated dream of pain and death will be stimulated and accelerated.

These are programs of recovery from an insanely rational, self-perpetuating, objectively-temporal existence of terminal confinement that is being misconstrued as some form of the True Reality that is Eternal Life.

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Peace to my mind. Let all my thoughts be still.

Father, I come to You today to seek the peace that You alone can give. I come in silence. In the quiet of my heart, the deep recesses of my mind, I wait and listen for Your Voice. My Father, speak to me today. I come to hear Your Voice in silence and in certainty and love, sure You will hear my call and answer me.

Now do we wait in quiet. God is here, because we wait together. I am sure that He will speak to you, and you will hear. Accept my confidence, for it is yours. Our minds are joined. We wait with one intent; to hear our Father's answer to our call, to let our thoughts be still and find His peace, to hear Him speak to us of what we are, and to reveal Himself unto His Son.

A Course In Miracles, Lesson 221

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PROLOGUE

The Importance of Anonymity in Spiritual Awakening

Most Teachers of God in an accelerated spiritual program of mind/body enlightenment will discover in their own intense encounters with a newly-emerging reality of Christ Mind a highly directive responsibility for personal anonymity. The more deeply-rooted this Portico of spiritual rebirth is aligned with Creative Entirety, the more persistent this guardianship will be.

An issuant union with God is sacredly unspeakable and must be protected against the judgmental intrusion of your own corrupt self-constructed identity. Jesus speaks of this repeatedly in New Testament Gospel. And, in His *Course in Miracles*, as the necessity to guard your own Christ Child and to nurture its growth through the creative substance of continuing Holy instants.

The early founders of the AA Program recognized with profound spiritual insight the importance of the term “anonymous.” Certainly in the “confidence” of mutually-confessed “worldly

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unmanageability.” But also in the recognition that a personal revelatory experience of the healing power of God may only be expressed through carrying a visionary message of gratitude and freedom to those still imprisoned in the inescapable cycle of drug dependence.

In this sense, everyone who discovers the reality of the “True Love of Creation” is anonymous in this world. - MT.

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DISCOURSE ONE

A Course In Miracles and the 12-Step Program *From Recovery To Enlightenment*

To all recovering addicts and Course in Miracles teachers, thanks for listening. You may well be, at this moment, further along in your *homeward journey* than the “scenario of existence” you have been conjuring as “your life” in this dark continuum of fearful existence would indicate. Perhaps it’s time at last to decide “enough is enough.” Let’s begin at the beginning and see if we can light up a cavern or two together:

The 12-Step Program is a divinely-inspired manner and method of recovery from the fatal disease of addiction to alcohol called alcoholism.

A Course In Miracles is a divinely-inspired method and manner of recovery from your addiction to a possessed conceptual self-existence, selfishly maintained by denial and rejection of the eternal love of God. It is an addiction to temporal existence and death that we will call *mortalism*.

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The 12-Step Program and *A Course In Miracles* are identical. Not only are they identical in the process of the admission of a whole God or unity mind but in the technique by which your conscious contact with God can be enhanced and, at last, fully realized.

Many of us remember the initial feeling of serenity that would come over us as we experienced the peace of mind we discovered we could share at 12-Step Meetings. A sharing of complete helplessness and surrender which, for many, brought a dramatic spiritual intervention as we turned our will and life over to the care of God. In the *Course* it is the experience of a *Holy instant* which is a continuing mechanism of self-realization through surrender of conceptual self-identity. For those of you who would care to examine it, the re-enactment of the *Holy instant*, or the time of surrender, is the sole purpose of 12-Step Groups and of Miracle Teacher of God Gatherings. The whole basis of the 12-Step Program, including the steps themselves, is to maintain a continuing conscious contact with God. This is of course true in the miraculous maturity of your mind to a realization of eternal wholeness that is the *Course in Miracles*.

Those of you who are coming to a 12-Step Program in the degeneration of the fact that it is completely and only a spiritual program and somehow are according it the necessity for a continuing therapeutic reassociation of the ego, are very sadly mistaken about what the 12-Step Program is. There is literally no therapy in the 12-Step Program at all except the confession of any continuing resentments you have maintained which, as you release, become a part of the mechanism whereby you recover and discover what? Forgiveness of yourself and those around you! This is indeed *How It Works*.

I was rummaging through my dresser this morning and have with me a copy of "How It Works" from the Big Book of Alcoholics Anonymous and a dog-eared, life-saving prayer book called "The 24 Hour Book" with daily prayers and

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A Course In Miracles & the 12 Steps: Recovery to Enlightenment

instructions for an entire year. Until the time of my personal surrender I certainly had no conscious intent or even serious idea of pursuing any sort of spiritual path. Now suddenly and miraculously I had been given a whole new meaning and purpose for being alive.

How then did it work? Here's how. No one fails who will follow this path. All will succeed who will use the Big Book of Alcoholics Anonymous or the Workbook of *A Course In Miracles* to release or surrender to the certainty that there is a way out of this impossible situation. That there is a transcendent solution that brings peace and happiness. A power that is available to us right here and now. All right! This is a good beginning! Let's stay with this.

Now, the demonstration of that must be the gathering of us together in the admission that our powerlessness brought a change in our perceptual association. This is the whole basis of the *Course in Miracles* and if you will read in the Teacher's Manual, "As For The Rest," you will discover that the teaching of surrender is the whole basis for the necessity for the conscious contact with God. That's what we intend to experience right now, together, at this moment.

I discovered as a recovered addict, following the miraculous event that occurred in my mind, that there is a mechanism of action to sustain and convey the serenity and peace of mind I had experienced. And I'm going to use the term *action* here because it's very valuable to you. The whole basis of this teaching is "today is the day" where and when through my release of direction or misdirection of my conceptual associations I can continually undergo an experience of what? A spiritual awakening!

Step #12 – Having had a spiritual awakening as the result of these steps, we carried this message to other associations of addictive self and practiced these principles of forgiveness in all of our affairs.